

# The S.A.M. System

**Support.** **Adapt.** **Move.**

Your dog's name: \_\_\_\_\_ Date: \_\_\_\_\_

Use this handout to write notes during our sessions to take home and implement with your pup!

**Session highlights:**

**Support** (people and equipment):

**Adapt** (changes in routine and environment):

**Move** (therapeutic exercises):