

Canine Arthritis Checklist



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VETERINARY CONFIRMATION OF ARTHRITIS

VET VISIT FOR OVERALL HEALTH ASSESSMENT

BODY WEIGHT/BODY CONDITION SCORE AND NUTRITION & SUPPLEMENT PLAN ACCORDINGLY

PAIN IDENTIFICATION / MANAGEMENT PLAN WITH VET HELP

MOBILITY ASSESSMENT, WITH HELP FROM A TRAINED CANINE REHAB THERAPIST

HOME ASSESSMENT - MINIMIZE SLIPPERY SURFACES AND CLUTTER/OBSTACLES WITHIN THE HOME.

SUPPORTIVE BEDDING

CONSIDER COMPLEMENTARY THERAPIES (I.E. ACUPUNCTURE)

PERSONALIZED EXERCISE PLAN CREATED WITH HELP OF A TRAINED CANINE REHAB THERAPIST

MOBILITY AID CONSIDERATIONS

HARNESS OR SLING TO ASSIST WITH WALKING/ LIFTING

RAMP/STAIRS/STOOL FOR GETTING INTO CAR AND/OR ONTO FURNITURE SAFELY

ORTHOPEDIC BRACING/SUPPORTS

USE THIS GUIDE TO HELP YOUR DOG DECREASE PAIN, MAINTAIN STRENGTH, AND ABILITY TO MOVE SAFELY AND AS INDEPENDENTLY AS POSSIBLE